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*July 12th, 2019 - the author s name is synonymous with the goju style of karate the volume covers the dojo etiquette the system of belts kata and jiu kumite the goju style has a progressive series of belts from white to green to green stripes to purple to brown to brown stripes and finally to the first level black belt'*

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**signifies the wearer s skill level'**

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