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is famous for his study of the kitavan islanders in papua new guinea his research proves convincingly that a high carbohydrate low fat diet'

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**May 28th, 2020 - pedro carrera bastos is a portuguese researcher and phd candidate in nutrition at lund university sweden under the supervision of dr staffan lindeberg author of the famous kitava**

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**study pedro holds an msc in human nutrition and post graduate diplomas in functional nutrition exercise and health and clinical nutrition"***suggested reading books and articles practical*

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